



*PHP 2025*  
*Massage Recliner*

## INSTRUCTION MANUAL



**Premier Health Products**



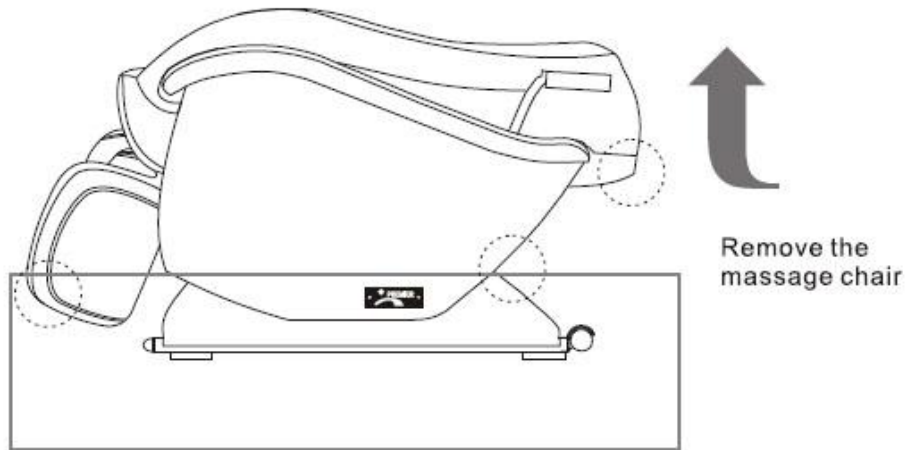
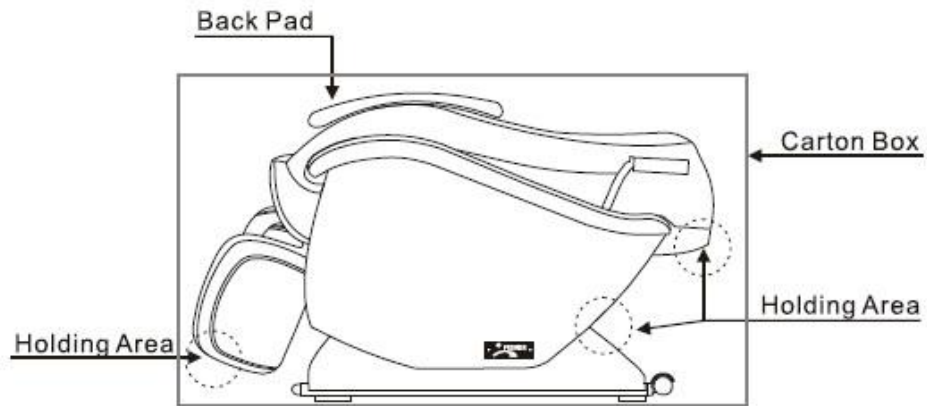




## SETUP INSTRUCTIONS

### Step 1. Setting up the chair

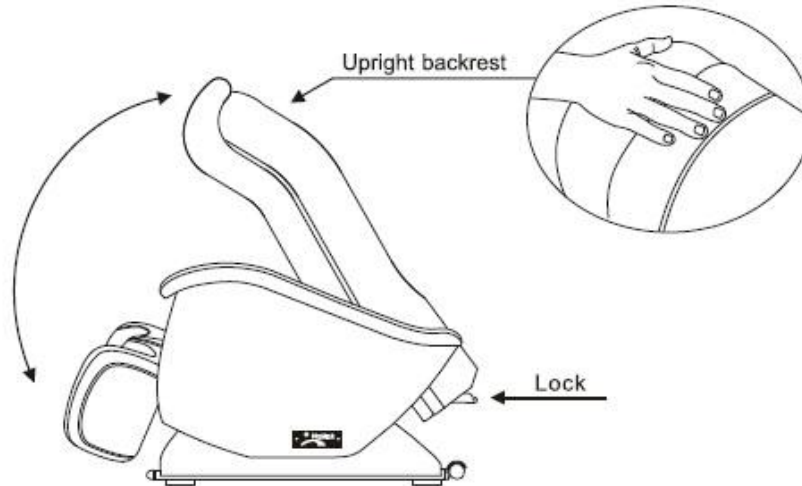
- Unpack the chair from the cardboard box.
- 2 or more people are needed to carry or slide the chair out of the box.
- Remove the accessories



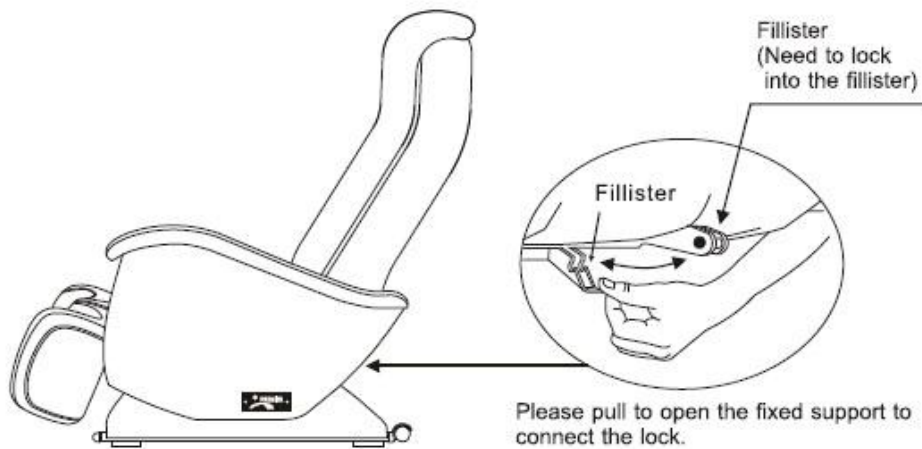
## SETUP INSTRUCTIONS

### Step 2. Setting up the chair

- Pull upright the backrest to approx. 120 degrees, until you hear a "CLICK" sound. Connect the lock (Please make sure it is locked well)



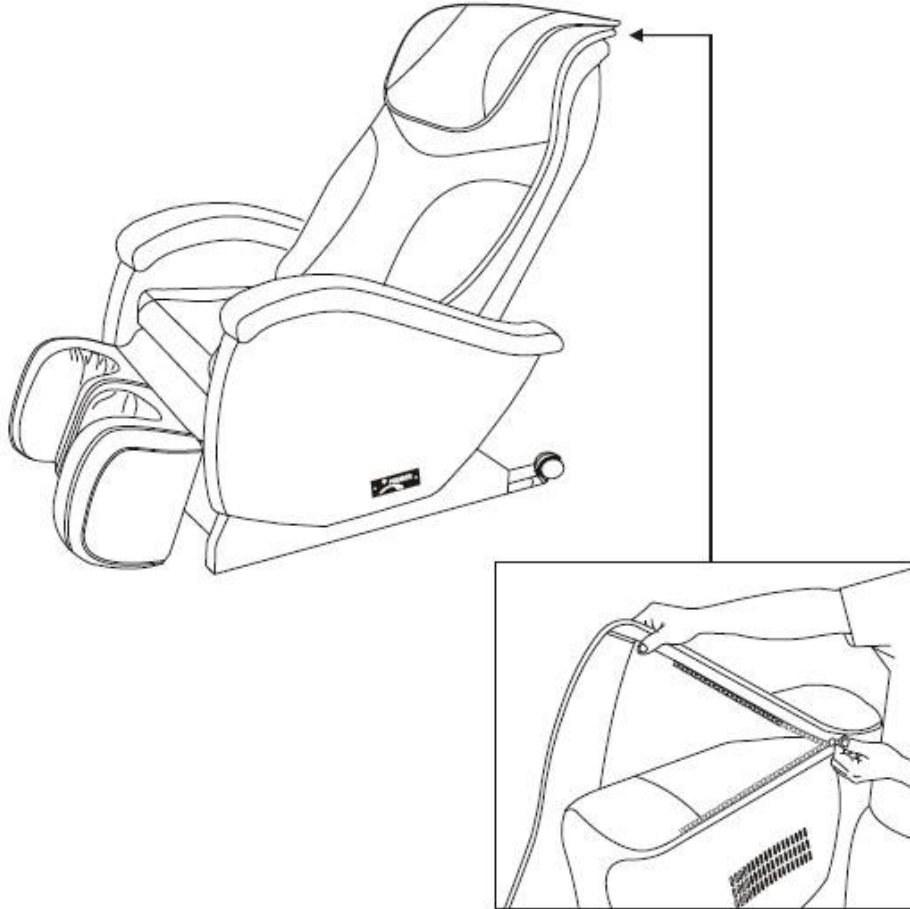
- Make sure to check the lock beneath the backrest if a "CLICK" sound is not heard, and then follow the instruction below.



## SETUP INSTRUCTIONS

### Step 3. Setting up the Back Pad

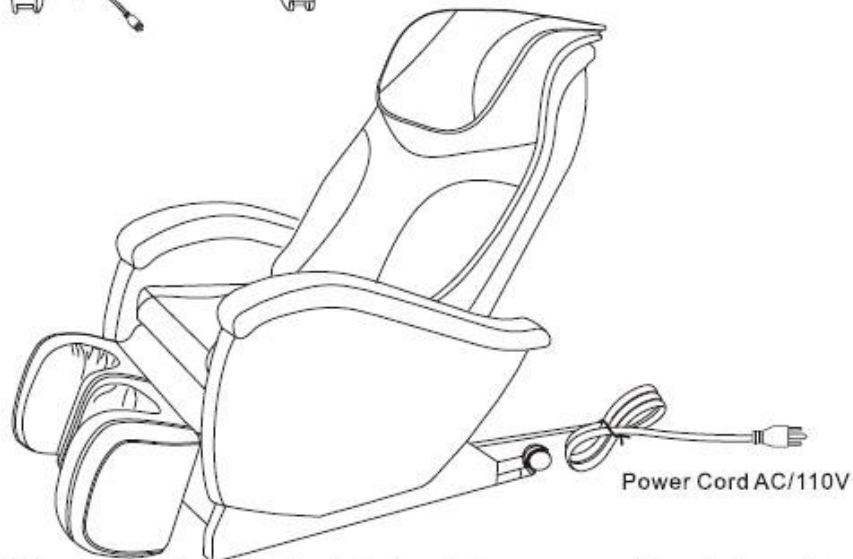
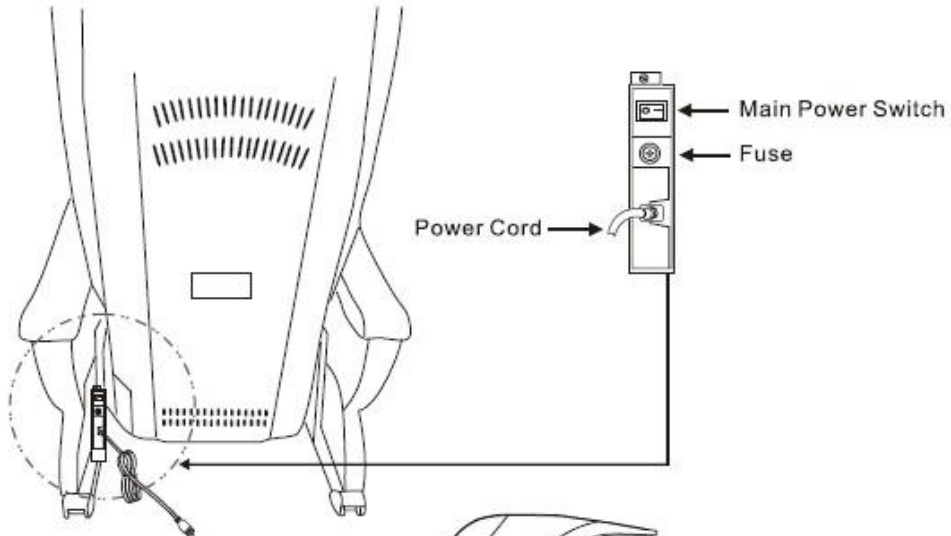
- Zip up the zipper, the back pad is now set up.



## SETUP INSTRUCTIONS

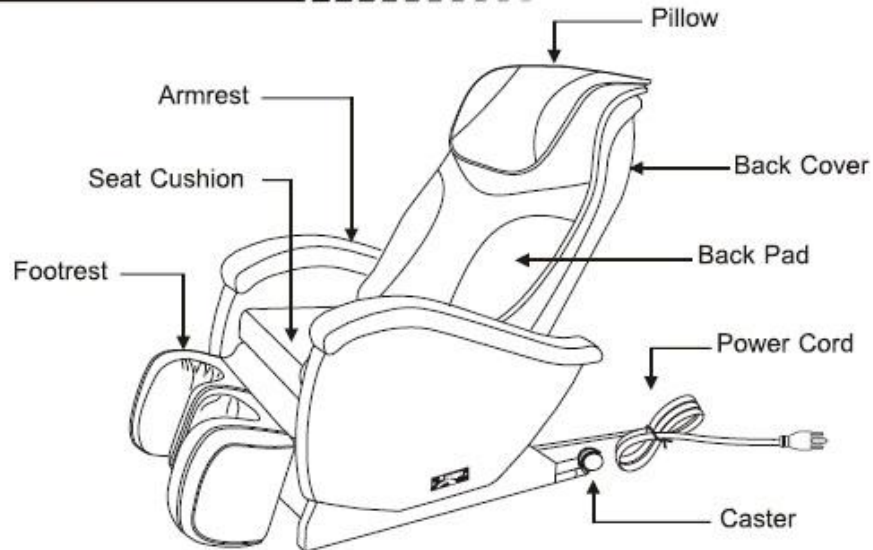
### Step 4. Setting up the Back Pad

- Plug the power cord into a wall outlet and turn on the main power switch located under the chair back (as shown in diagram below)  
Please recheck the above setting procedures.



- Setup is completed. Now the chair is ready to serve you with a relaxing and comfortable massage.

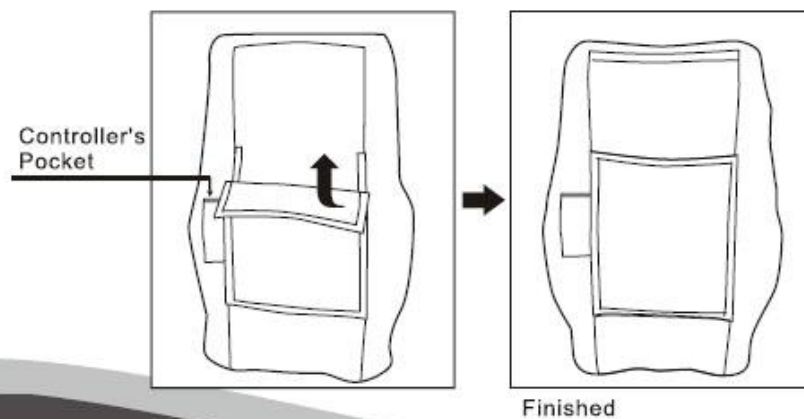
## PARTS



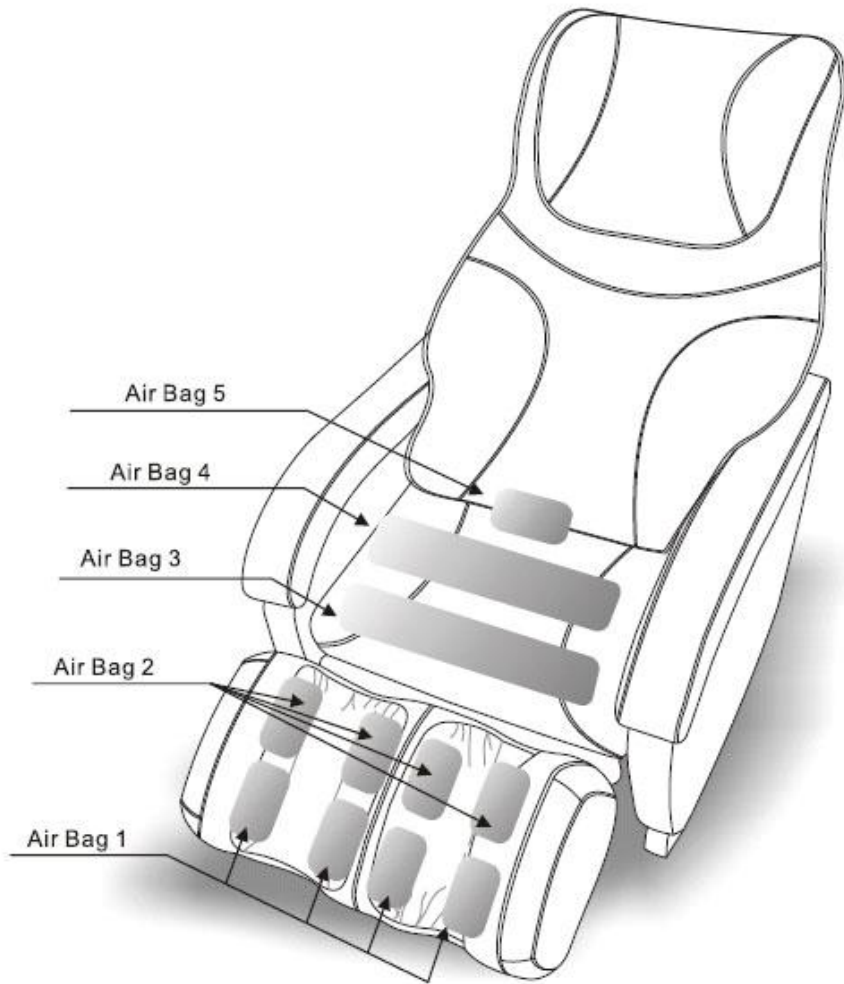
## ACCESSORIES

1. Instruction Manual
2. Fuse (spare part)
3. Back Pad
4. Pillow
5. Foam Pad

## ATTACHING THE FOAM PAD



## ALLOCATION OF AIRBAGS



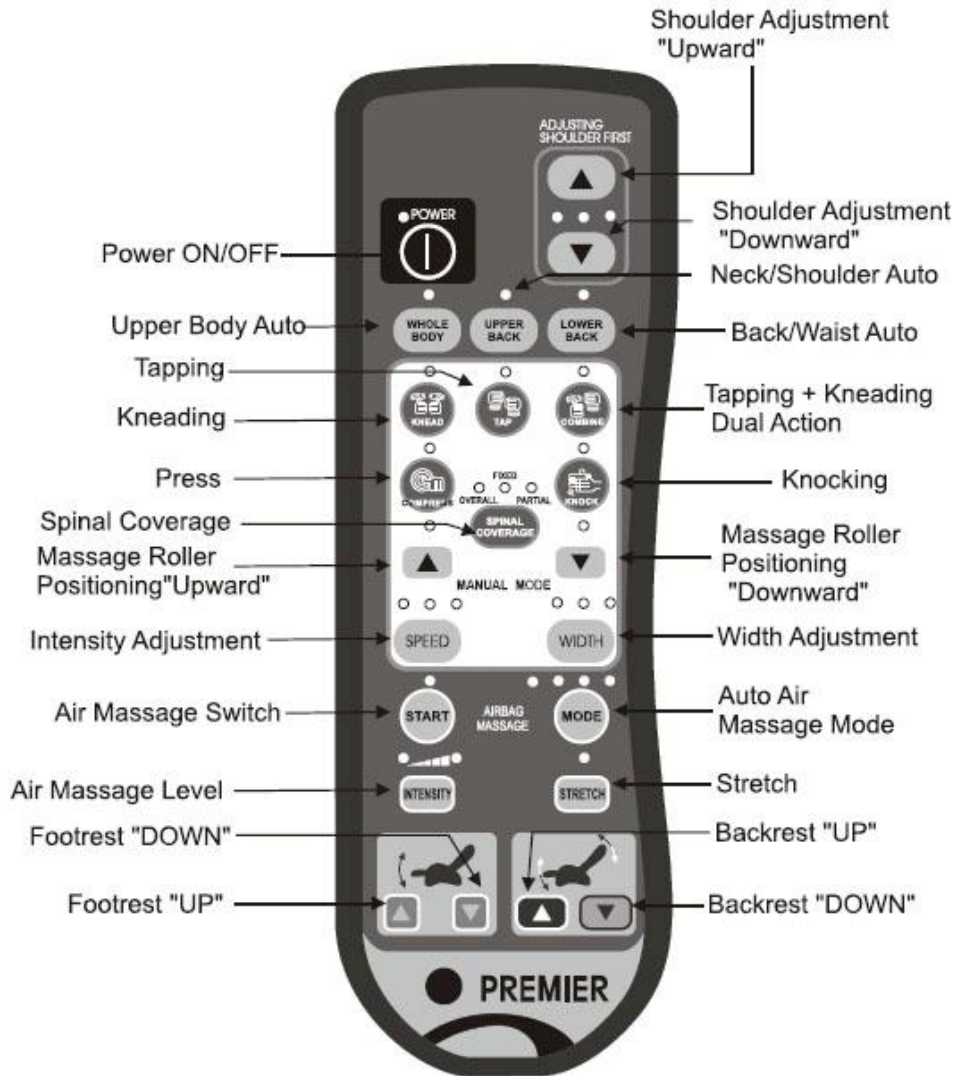
## **PRECAUTIONS OF OPERATING THE REMOTE CONTROLLER**



Please read thoroughly the instruction manual and refer to below for the function keys in order to operate the chair proficiently.

- DO NOT press the button too hard and DO NOT touch the button by fingernail in order to prevent any damage.
- DO NOT sit or step on the controller, and DO NOT drop it.
- DO NOT have water, juice or any drinks while using the chair.
- DO NOT try to disassemble or modify the chair.
- Keep hands dry whenever using the controller.
- DO NOT use foreign or hard objects to press the controller's buttons, including nails.
- TURN OFF the power AFTER you finish using the chair.
- Please keep it away from humid and high temperature environments.
- Please keep all magnetic merchandise away from the controller, such as cellular phones, electric clocks, speakers, credit cards, etc.
- Improper use will result in damaging the controller.

# REMOTE CONTROL FEATURES



## FUNCTIONAL INSTRUCTIONS



### POWER

Press the POWER button to turn on the power, and the LED light is ON "The chair is ready for use. Press the button again to turn off the power, and the LED light is "OFF".

**(Attention: This button does not control the air switch, please remember to turn off the master switch when chair is not in use)**



### ADJUSTING SHOULDER FIRST

In the beginning, users can set up the shoulder positions according to their different heights.

5 heights for: ☆●● ●☆☆ ●☆☆ ●☆☆ ●●●

Users can also adjust the shoulder position anytime during massage.

- 

### AUTO: WHOLE BODY

This is a preset massage program for whole back from the shoulders to lower waist. The massage is fully automatic with all functions (not including air functions). The LED is on while working.

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UPPER BACK

### AUTO: UPPER BACK

This is an auto massage program that focuses on the neck, shoulders, and upper back. The LED is on while working.

- 

LOWER BACK

### AUTO: LOWER BACK

This is an auto massage program that focuses on the lower back, waist, and upper hips. The LED is on while working.



### SPINAL COVERAGE

Press the button to select "Overall", "Fixed", or "Partial" function in accordance with the LED lights on. Without combining other functions, this function works as "Rolling" massage. The button can work with other manual functions below.

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### MESSAGE ROLLER POSITION "UPWARD"



When using a manual function, press and hold this button to adjust position of the roller upward to a desired position. Release this button and it will stay in that area.

- 

### MESSAGE ROLLER POSITION "DOWNWARD"



When using a manual function, press and hold this button to adjust position of the roller downward to a desired position. Release this button and it will stay in that area.

- 

### KNEADING



Press the button to activate the KNEADING function. The LED is on while working. Press again to turn it off. Users can apply SPEED, or SPINAL COVERAGE to adjust the KNEADING to a desired level of comfort.

- 

### TAPPING



Press the button to activate the TAPPING function. The LED is on while working. Press again to turn it off. Users can apply SPEED, or SPINAL COVERAGE to adjust the TAPPING to a desired level of comfort.

## FUNCTIONAL INSTRUCTIONS



### COMBINATION

Press the button to activate the function that combines KNEADING and TAPPING massage. The LED is on while working. Press the button again to turn the function off. Users can apply SPEED, or SPINAL COVERAGE to adjust the function to desired level of comfort.



### COMPRESS

Press the button to activate the COMPRESS function. The LED is on while working. The function works like a slow tapping that allows more pressing time when it taps down. Users can apply SPEED, or SPINAL COVERAGE to adjust the COMPRESS to a desired level of comfort.



### KNOCKING

Press the button to activate the KNOCKING function. The LED is on while working. The function works with a series of double tapping that is similar to human knocking actions of massage. Users can apply SPEED, or SPINAL COVERAGE to adjust the KNOCKING to a desired level of comfort.



Press this button to adjust the speed of TAPPING, KNEADING, KNOCKING, COMPRESS and COMBINATION. There are 5 speeds:

weak                      —                      middle                      —                      strong



### WIDTH

Width adjustment for TAPPING, KNOCKING, COMPRESS. Users can select "wide", "medium", or "narrow" for personal comfort. It is not available for KNEADING or COMBINATION.

There are 3 width:



### START

Press this button to turn on the AUTO function of air massage in "stand-by" mode. The LED light is on while working. Press this button again to turn it off.



### AUTO AIR MESSAGE MODE

Press the button to activate the AUTO AIR MESSAGE MODE function. There are 4 pre-programmed modes, please select the display for the desired air mode referring to the LED lights.

**Please see the instruction manual on page 8 for allocation of air bags**

**Mode 1:**

All 5 air bags work and the working cycle of this mode is

1<sup>st</sup> air bag → 2<sup>nd</sup> air bag → 3<sup>rd</sup> air bag → 4<sup>th</sup> air bag → 5<sup>th</sup> air bag

**Mode 2:**

4 air bags work and the working cycle of this mode is:

1<sup>st</sup> air bag → 2<sup>nd</sup> air bag → 3<sup>rd</sup> air bag → 5<sup>th</sup> air bag

**Mode 3:**

4 air bags work and the working cycle of this mode is:

1<sup>st</sup> air bag → 2<sup>nd</sup> air bag → 4<sup>th</sup> air bag → 5<sup>th</sup> air bag

**Mode 4:**

3 air bags work and the working cycle of this mode is:



1<sup>st</sup> air bag → 2<sup>nd</sup> air bag → 5<sup>th</sup> air bag

## FUNCTIONAL INSTRUCTIONS



### INTENSITY

Press the button to select the weak or strong intensity of the air massage.  
(See the display for intensity on the LED light)


-  ● weak
-  strong



### STRETCH


Press the button to activate the STRETCH function. This function increases the leg traction in order to improve blood circulation. (See the display for intensity on the LED light). The same modes can be incorporated with "STRETCH". First press "STRETCH", and then press "MODE".

**Please see the instruction manual on page 8 for allocation of air bags**

**Mode 1:**  ● ● ● ●


All 5 air bags work and the working cycle of this mode is

1<sup>st</sup> air bag → 3<sup>rd</sup> air bag → 2<sup>nd</sup> air bag → "STRETCH" → 3<sup>rd</sup> air bag → 4<sup>th</sup> air bag → 5<sup>th</sup> air bag

**Mode 2:** ●  ● ● ●


4 air bags work and the working cycle of this mode is:

1<sup>st</sup> air bag → 3<sup>rd</sup> air bag → 2<sup>nd</sup> air bag → "STRETCH" → 3<sup>rd</sup> air bag → 5<sup>th</sup> air bag

**Mode 3:** ● ●  ● ●

4 air bags work and the working cycle of this mode is:

1<sup>st</sup> air bag → 3<sup>rd</sup> air bag → 2<sup>nd</sup> air bag → "STRETCH" → 4<sup>th</sup> air bag → 5<sup>th</sup> air bag

**Mode 4:** ● ● ● ● 

3 air bags work and the working cycle of this mode is:

1<sup>st</sup> air bag → 3<sup>rd</sup> air bag → 2<sup>nd</sup> air bag → "STRETCH" → 5<sup>th</sup> air bag



### FOOTREST RECLINING

Press and hold either button to control the footrest up or down. Double click either button to bring the footrest to the up most or downmost position. Press any button of the controller to stop the reclining immediately.



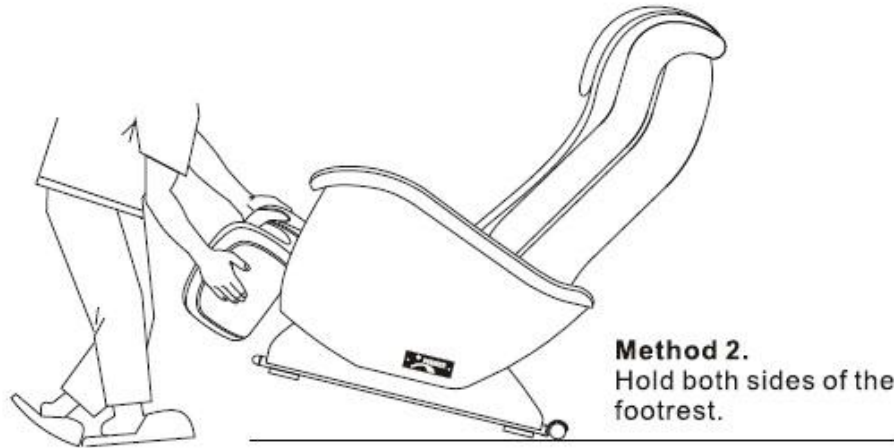
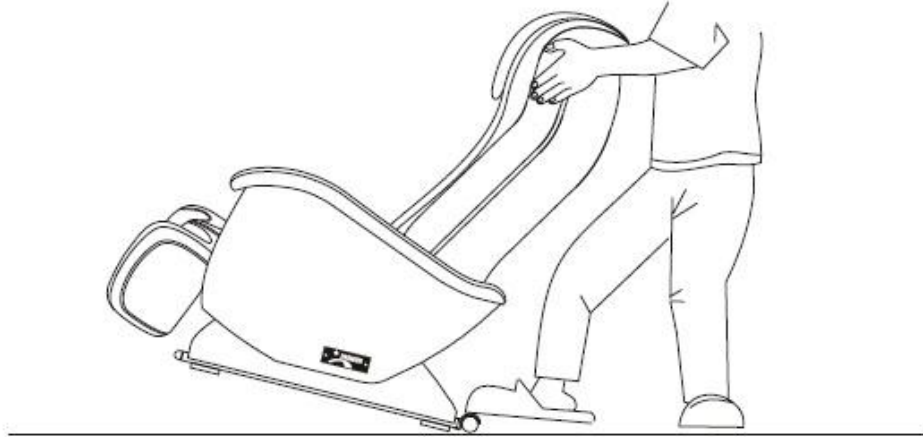
### BACKREST RECLINING SYSTEM

Press and hold either button to bring the backrest down and footrest up together or backrest up and footrest down together. Double click either button to bring the backrest downmost and footrest upmost together, or backrest upmost and footrest downmost together.

## HOW TO MOVE THE CHAIR

### Method 1.

Step on the caster and pull down the backrest, then pull the chair downward.



### Method 2.

Hold both sides of the footrest.

## TROUBLESHOOTING

### 1. The remote control is not working and the LED is not ON



Check if the main power is on

Check if the power cord and see if it is not plugged.

### 2. The chair suddenly shut down when in use.

Reason: The power cord falls off or the setting time is up. (See the instruction manual on page 6)

Solution: Plug-in the power cord or turn on the power again.

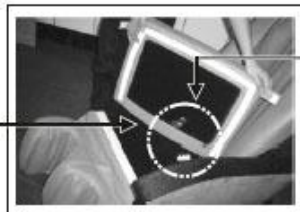
### 3. The Back Pad was broken.

Remove the back pad with a new pad.



### 4. Air massage in seat is not working.

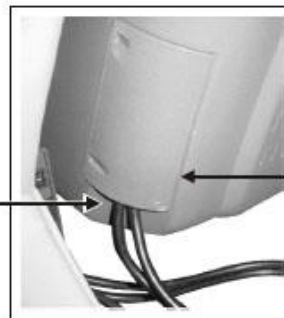
Open the seat and check if the air pipe is plugged.



## TROUBLESHOOTING

### 5. Back massage function is not working.

Check if the connective cable at the backrest is unplugged or if the terminal has been taken off.



Open the connective box of backrest

### 6. When the chair is working, there is a "CLICK" sound.

Reason: This is a normal sound caused by the mechanism or the air massage parts.

### 7. Massage function suddenly has a noisy sound.

Reason: Overuse the chair.

Solution: Turn off the power and unplug the power cord. Then let the chair take a short break for 30 minutes.

## PRODUCT SPECIFICATIONS

Product name: Massage Recliner  
Product Model: PHP 2025  
Measurement: 49.2 x 30.3 x 44.5 inches (125 x 77 x 113 cm)  
Weight: 152 lbs (69 kgs)  
Voltage: AC/110V Fuse 3A  
Time: 15 minutes